

Moon Schedule for 2009

Following in the tradition of Ashtanga Vinyasa Yoga rest is taken on new and full moons, therefore no Ashtanga classes are offered on those dates. Please attend one of the Vinyasa classes.

● New Moon ○ Full Moon

○ January 11 - Sunday	○ July 7 - Tuesday
● January 26 - Monday	● July 22 - Wednesday
○ February 9 - Monday	○ August 6 - Thursday
● February 25 - Wednesday	● August 20 - Thursday
○ March 11 - Wednesday	○ September 4 - Friday
● March 26 - Thursday	● September 18 - Friday
○ April 9 - Thursday	○ October 4 - Sunday
● April 25 - Saturday	● October 18 - Sunday
○ May 9 - Saturday	○ November 2 - Monday
● May 24 - Sunday	● November 16 - Monday
○ June 7 - Sunday	○ December 2 - Wednesday
● June 22 - Monday	● December 16 - Wednesday
	○ December 31 - Thursday